

SJSU Student Health Center – ADD/ADHD Information

SHC physicians reserve the right to require a signed medication management agreement for controlled substances and/or perform drug screens on students prescribed stimulants.

Students previously diagnosed and/or treated for ADD/ADHD who request refill of ADD/ADHD medications from the SHC will be required to provide complete documentation of the diagnostic evaluation and treatment by previous treating physician(s) or other licensed professionals. *Authorization to Request Medical Information* forms are available at the SHC and on the SHC website. Examples of information to be included are:

- Evidence of early impairment (childhood)
- Evidence of current impairment in two or more settings
- A comprehensive diagnostic interview*
- An objective ADHD rating scale (such as CAARS/Conners) completed by self-report and at least two (2) third-party sources from someone who has known you well since early elementary school.
- Exclusion of alternative diagnoses
- Neuropsychological or psycho-educational assessment**

Inadequate supporting information include: a summary letter from your previous provider, recent visit notes lacking the diagnostic evaluation, prescriptions, empty pill containers, parents' notes.

Received records will be forwarded to the SHC psychiatry staff for review. If the records are determined to support a diagnosis of ADD or ADHD, the student will be contacted for an appointment with one of the SHC's psychiatrists. If the records are determined not to support the diagnosis, the student will need to continue care with his/her current provider.

If after initial evaluation at the SHC, the psychiatrist disagrees with the prior diagnosis, the SHC may refuse to prescribe ADD/ADHD medications.

Students who are prescribed psychostimulants by SHC staff will be asked to review and sign a psychostimulant medication agreement.

*A comprehensive diagnostic interview includes a variety of sources, a history of present symptoms and their impact of significant impairment over time, developmental and family history, a full mental health review of systems, a full medical and medication history, relevant psychosocial history, thorough academic history of elementary, secondary, and postsecondary education (including old report cards, transcripts and standardized test scores), relevant employment and legal history, and prior therapies/treatments

**Acceptable Assessments:

Standard scores and percentiles provided for all normed measures, including subtests

Current data within 3 years

Aptitude Tests: WAIS-III/WAIS-IV; WJ III COG, Kaufman, Stanford Binet

Achievement Tests: SATA, Stanford Test of Academic Skills, WIAT-II/III, WJ-III

Tests of Information Processing/Assessments of Executive Functioning: Continuous Performance Tests, Stroop, Stop-Signal Reaction Times, Tower of London/Hanoi, Trails B, Wisconsin Card Sort

TOMM and/or WMT required inclusion for testing done after age 12 years