

Major & Career Exploration

What is Focus2?

Focus2 is an online, self-guided assessment and planning system designed to help you explore majors and careers. Assessments are short (10-15 minutes each) and offer immediate results.

01 Log in with your SJSUOne ID

- Currently enrolled students have access to Focus2.
- To log in, go to sjsu.edu/careercenter, click on Resources > Focus2, or at one.sjsu.edu.

02 Complete Self-Assessments



Work Interest Assessment

Measures your interests related to occupational themes (Holland codes) and match them directly to SJSU majors and career pathways.



Personality Assessment

Measures how you like to approach work and life based on your personal preferences. Occupations and majors that most closely match your preferences are listed in your results.



Leisure Assessment

Helps you find majors/occupations that match your top 3 leisure interests. Feedback is given on hobbies that you may want to incorporate into a career.



Career Planning Foundation Tools

Am I Career Ready? provides feedback on how to develop the skills that employers seek in new college graduates (8 NACE Competencies).



My Career Planning Involvement assesses your involvement in the career planning process.

03 Explore the Possibilities

If you already have a major or career of interest, use this section to find more information about requirements.

What can I do with a major in ...
Offered at San Jose State University? →

Explore any Occupation →

Compare 2 Occupations Side by Side →

04 Take Action

- ✓ Review your *Saved Occupations* and *Saved Majors*.
- ✓ Build *Your Portfolio* by combining your assessment results and action plans into one report.
- ✓ Share with advisors, career counselors, and campus mentors for additional support.



My Saved
Occupations



My Saved
Majors



Review and Print
My Portfolio

My Education →

Outlines helpful resources for your next steps while on campus, such as: leadership development, extracurricular activities, and career research.

My Professional
Development →

Offers resources for your next steps in professional development, such as: internship search, resume writing, and interview preparation.

Keep in mind...

- Focus2 saves your latest assessment results, which are always available to you and your advisor/career counselor to review.
- If your results don't match your career interests or for additional help with creating a career plan, schedule an appointment with a Career Center counselor by logging into Spartan Connect at sjsu.campus.eab.com.

Tip: Save majors and occupations to review them later.